



Post Treatment instructions for Hylauronic Filler Dissolvent (HYLENEX)

- Swelling and bruising is normal.
- Firmly massage the area a few times a day for one week.
- Beginning immediately post-injections, ice the area(s) for 10 minutes on, 10 minutes off, as much as possible for the first 24 hours.
- Avoid exercising until swelling/bruising has healed to avoid increasing circulation and prolonging the healing process.
- Avoid makeup until the day after the procedure.
- Avoid tanning or prolonged exposure to sunlight until swelling/bruising has subsided as this can cause hyperpigmentation.
- Multiple treatments may be required for desired results.